



ABBAY ROAD CENTRE, BANGOR

01248 354888

www.abbeyroadcentre.co.uk

Day Service Calendar

MARCH, 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 OPEN 10-4 ART 11.00 – 3.30	2 OPEN 10-4 FOOD FRIDAY 12-2 QUIZ, GAMES 2-4
5 OPEN 10-4 INDIAN HEAD MASSAGE 10-3 PIZZA & FILM 1-4	6 OPEN 10-4 HAND REFLEXOLOGY 10-3 CRAFT SESSION 10-2	7 OPEN 10-4 READING GROUP 12.30-2.00	8 OPEN 10-4 ART 11.00 – 3.30	9 OPEN 10-4 FOOD FRIDAY 12-2 QUIZ, GAMES 2-4
12 OPEN 10-4 INDIAN HEAD MASSAGE 10-3 PIZZA & FILM 1-4	13 OPEN 10-4 HAND REFLEXOLOGY 10-3 CRAFT SESSION 10-2	14 OPEN 10-4 READING GROUP 12.30-2.00	15 OPEN 10-4 ART 11.00 – 3.30	16 OPEN 10-4 FOOD FRIDAY 12-2 QUIZ, GAMES 2-4
19 OPEN 10-4 INDIAN HEAD MASSAGE 10-3 PIZZA & FILM 1-4	20 OPEN 10-4 HAND REFLEXOLOGY 10-3 CRAFT SESSION 10-2	21 OPEN 10-4 READING GROUP 12.30-2.00	22 OPEN 10-4 ART 11.00 – 3.30	23 OPEN 10-4 FOOD FRIDAY 12-2 QUIZ, GAMES 2-4
26 OPEN 10-4 PIZZA & FILM 1-4	27 OPEN 10-4 CRAFT SESSION 10-2 HAIRDRESSER 11-1	28 OPEN 10-4 READING GROUP 12.30-2.00	29 OPEN 10-4 ART 11.00 – 3.30	30 CLOSED GOOD FRIDAY



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Galw Mewn Calendr
MAWRTH, 2018



DYDD LLUN	DYDD MAWRTH	DYDD MERCHER	DYDD IAU	DYDD GWENER
			1 AGOR 10-4 CELF 11.00-3.30	2 AGOR 10-4 BWYD DYDD GWENER 12-2 CWIS, GEMAU 2-4
5 AGOR 10-4 TYLINIO PEN INDIAIDD 10-3 PIZZA A FFILM 1-4	6 AGOR 10-4 ADWEITHEG LLAW 10-3 SESIWN CREFFT 10-2	7 AGOR 10-4 GRŴP DARLLEN 12.30-2.00	8 AGOR 10-4 CELF 11.00-3.30	9 AGOR 10-4 BWYD DYDD GWENER 12-2 CWIS, GEMAU 2-4
12 AGOR 10-4 TYLINIO PEN INDIAIDD 10-3 PIZZA A FFILM 1-4	13 AGOR 10-4 ADWEITHEG LLAW 10-3 SESIWN CREFFT 10-2	14 AGOR 10-4 GRŴP DARLLEN 12.30-2.00	15 AGOR 10-4 CELF 11.00-3.30	16 AGOR 10-4 BWYD DYDD GWENER 12-2 CWIS, GEMAU 2-4
19 AGOR 10-4 TYLINIO PEN INDIAIDD 10-3 PIZZA A FFILM 1-4	20 AGOR 10-4 ADWEITHEG LLAW 10-3 SESIWN CREFFT 10-2	21 AGOR 10-4 GRŴP DARLLEN 12.30-2.00	22 AGOR 10-4 CELF 11.00-3.30	23 AGOR 10-4 BWYD DYDD GWENER 12-2 CWIS, GEMAU 2-4
26 AGOR 10-4 PIZZA A FFILM 1-4	27 AGOR 10-4 TRIN GWALLT 11-1 SESIWN CREFFT 10-2	28 AGOR 10-4 GRŴP DARLLEN 12.30-2.00	29 AGOR 10-4 CELF 11.00-3.30	30 AR GAU GWENER Y GROGLITH