



ABBAY ROAD CENTRE, BANGOR

01248 354888

www.abbeyroadcentre.co.uk

Day Service Calendar
DECEMBER, 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 OPEN 10-4 COOKING & DINING 12-2 GAMES, QUIZ
4 OPEN 10-4 INDIAN HEAD MASSAGE 10-3 COMPUTER ACCESS 11.15-1.15 POETRY/CREATIVE WRITING 1-2	5 OPEN 10-4 HAND REFLEXOLOGY 10-3 CRAFT SESSION 10-2 HELP WITH YOUR DIGITAL DEVICES 1-3 HAIRDRESSER 11-1	6 OPEN 10-2 READING GROUP 12.30-2.00	7 OPEN 10-4 ART 11.00 – 3.30	8 OPEN 10-4 COOKING & DINING 12-2 GAMES, QUIZ
11 OPEN 10-4 INDIAN HEAD MASSAGE 10-3 COMPUTER ACCESS 11.15-1.15 POETRY/CREATIVE WRITING 1-2	12 OPEN 10-4 HAND REFLEXOLOGY 10-3 CRAFT SESSION 10-2 HELP WITH YOUR DIGITAL DEVICES 1-3	13 OPEN 12-4 XMAS BUFFET 12.00 onwards	14 OPEN 10-4 ART 11.00 – 3.30	15 OPEN 10-12.30
18 OPEN 10-4 INDIAN HEAD MASSAGE 10-3 COMPUTER ACCESS 11.15-1.15 POETRY/CREATIVE WRITING 1-2	19 OPEN 10-4 HAND REFLEXOLOGY 10-3 CRAFT SESSION 10-2 HELP WITH YOUR DIGITAL DEVICES 1-3	20 OPEN 10-2 READING GROUP 12.30-2.00	21 OPEN 10-4 ART 11.00 – 3.30	22 CLOSED
25 XMAS DAY CLOSED	26 BOXING DAY CLOSED	27 CLOSED	28 CLOSED	29 CLOSED



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Galw Mewn Calendr
RHAGFYR, 2017



DYDD LLUN	DYDD MAWRTH	DYDD MERCHER	DYDD IAU	DYDD GWENER
				1 AGOR 10-4 COGNIO A BWYTA 12-2 GEMAU, CWIS
4 AGOR 10-4 TYLINIO PEN INDIAIDD 10-3 ARGAELEDD CYFRIFIADUROL 11.15 - 1.15 BARDDONIAETH/YSGRIFENNU CREADIGOL 1-2	5 AGOR 10-4 ADWEITHEG LLAW 10-3 SESIWN CREFFT 10-2 TRIN GWALLT 11-1 CYMORTH GYDA'CH DYFEISIAN DIGIDOL 1-3	6 AGOR 10-2 GRŴP DARLLEN 12.30-2.00	7 AGOR 10-4 CELFF 11.00-3.30	8 AGOR 10-4 COGNIO A BWYTA 12-2 GEMAU, CWIS
11 AGOR 10-4 TYLINIO PEN INDIAIDD 10-3 ARGAELEDD CYFRIFIADUROL 11.15 - 1.15 BARDDONIAETH/YSGRIFENNU CREADIGOL 1-2	12 AGOR 10-4 ADWEITHEG LLAW 10-3 SESIWN CREFFT 10-2 CYMORTH GYDA'CH DYFEISIAN DIGIDOL 1-3	13 AGOR 10-4 BWFFE NADOLIG 12.00 ymlaen	14 AGOR 10-4 CELFF 11.00-3.30	15 AGOR 10-12.30
18 AGOR 10-4 TYLINIO PEN INDIAIDD 10-3 ARGAELEDD CYFRIFIADUROL 11.15 - 1.15 BARDDONIAETH/YSGRIFENNU CREADIGOL 1-2	19 AGOR 10-4 ADWEITHEG LLAW 10-3 SESIWN CREFFT 10-2 CYMORTH GYDA'CH DYFEISIAN DIGIDOL 1-3	20 AGOR 10-2 GRŴP DARLLEN 12.30-2.00	21 AGOR 10-4 CELFF 11.00-3.30	22 AR GAU
25 DYDD NADOLIG AR GAU	26 GWL SANT STEFFAN AR GAU	27 AR GAU	28 AR GAU	29 AR GAU